

## GENERAL INFORMATION

The Substance Abuse Service Line at Richmond State Hospital is made up of five separate programs with a total of 105 beds. A brief description of those programs appears later in this brochure. The length of stay varies and is determined by program assignment. All programs are co-ed and have a capacity of twenty-three co-ed beds except for the Exodus Program that has a capacity of twenty-four co-ed beds. Lawson House has a capacity of eight co-ed beds. 1-800-986-6691 phone number is available to contact staff with concerns and questions. You can also find information online at our website: [richmondstatehospital.org](http://richmondstatehospital.org).

## ADMISSIONS PROCEDURES

All admissions to Richmond State Hospital have to be referred by *gatekeepers* (gatekeepers are the liaisons between Community Mental Health Centers and courts/legal systems) throughout Indiana. Self referrals and referrals by agencies not approved by the Indiana Division of Mental Health and Addictions will not be accepted. The client also must be a resident of Indiana, age 18 or older, and detoxed.

Clients being admitted should bring enough clothing and personal hygiene items to last for one month. They should also bring stamps, stationary, etc. Only electric or disposable razors are permitted. Clothes that display alcohol or drugs are not permitted. As a matter of confidentiality, cameras are not permitted. Clients are not permitted to have their automobiles while in treatment. Due to medical equipment intolerance and confidentiality issues, cell phones are not permitted.

## ACTIVE TREATMENT

Clients participate in individual and group therapy, lectures, structured experiences, leisure time and vocational/recreational activities, mediation, and self-help groups in area communities. In addition to these general therapies, there are special therapies for clients that deal with women's issues, eating disorders, grief, anger, depression, anxiety, AIDS, and spiritual issues. GED self-study and testing is also available. Urine screening and alcohol sensors are also used to insure clients remain abstinent.



## VISITATION

Visiting hours are from 9:00 a.m.-8:00 p.m. daily. Treatment teams may restrict visitation for therapeutic reasons. Visitors under 14 years of age cannot visit on the units. Any visitor under 18 years of age must be accompanied by parent, guardian or family member over the age of 21.

Family members are encouraged to be involved with the clients treatment as much as possible. Please call before visiting during active treatment hours. It is very important that patients attend their active treatment classes.

## STAR PROGRAM - 417A

This program is for patients with a dual diagnosis of substance abuse and mental illness. We provide individualized treatment based on assessment of psychiatric symptoms and stage of change to substance abuse treatment. The program revolves around group participation based on 12 steps of dual recovery. Symptom management, abstinence, and relapse prevention are emphasized. Average length of stay is 5-6 months.

## EXODUS PROGRAM - 417B

The Exodus program is a highly structured program based on AA's philosophy of abstinence and personal responsibility. Patients have minimal or no additional psychiatric/medical impairments. The length of stay is 60-90 days.

## NEW HORIZONS PROGRAM - 417C

This program provides individual treatment focusing on the aspect of co-occurring diagnoses with the disease of addiction as the primary diagnoses. The minimum length of stay is 90 days.

## PHOENIX PROGRAM - 417D

The Phoenix Program is designed to provide services to relatively high functioning individuals who have an addiction, and who may also have a mental/medical illness. Treatment in the Phoenix Program focuses on arresting addiction and managing mental illness in the context of a Twelve Step Dual Recovery Model. The length of stay in this program is determined by each individual's progress, but will generally run approximately 90 days for most people.



## LAWSON HOUSE

The Lawson House is basically a Relapse Prevention Program. Clients from other substance abuse programs may be referred to the Lawson House in their last thirty days of treatment. Lawson House was established so clients getting ready for discharge could prepare for a successful return to community living. Clients will develop a relapse prevention plan, establish out-patient appointments, and obtain a temporary self-help group sponsor. Our hope is they will return to community living without returning to drug abuse. Length of stay is thirty days.

## Contacts

RSH # 765-966-0511

Lisa Suttle, Service Line Mgr. ext. 4647

## Team Coordinators

Larry Habschmidt, 417B, Exodus Program

Sheila Buckler, 417A, Star Program

Sandy Vanderbeck, 417D, Phoenix Program

Rick McDonald, Lawson House

Jackie Johnson, 417C, New Horizons Program

## Richmond State Hospital

### Substance Abuse Services

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Richmond, Indiana 47374

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## Mission

The Mission of the Substance Abuse Service Line is to provide individualized treatment from a multidisciplinary/holistic approach. The focus is to provide patients with the tools to increase their stabilization/habilitation/rehabilitation with an emphasis on relapse prevention.

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